

## FEBS 2017 Workshop *Biological Surfaces and Interfaces: Interface Dynamics*

02 July – 07 July 2017 – Hotel Eden Roc, Sant Feliu de Guixols, Catalonia, Spain

# Information for Delegates

## Before You Arrive

### Insurance

As with all travel, delegates are strongly advised to ensure they have sufficient insurance in place as they will not be covered by the University of Glasgow's insurance or the insurance of any of their associated partners.

### Passport and Visa Requirements

Please check your passport and visa requirements with your travel agent BEFORE departure. If you need help to obtain your visa, please contact the conference organisers.

### European Health Insurance Card

#### **(Please note section is applicable to European Economic Area citizens only)**

The European Health Insurance Card (EHIC) replaced the E111 card and allows European Economic Area (EEA) citizens\* to access state-provided healthcare in all EEA countries and Switzerland at a reduced cost or free of charge. Applying for the EHIC is free and the cards are valid for up to five years (if you already possess an EHIC it is important to check it is still valid). The EHIC is NOT an alternative to travel insurance. It will not cover any private medical healthcare or the cost of things such as repatriation or lost/stolen property. For these reasons and others, it is important to have both an EHIC and a valid private travel insurance policy.

\*exclusions do apply and you should check your own national guidelines for full information

### Speakers

#### *Conference room and talks*

*The conference room is equipped with a data projector and two screens for simultaneous projection. Speakers and participants making an oral presentation (invited lecture and/or contributed talk) are kindly requested to bring their own laptop or their presentation on a memory stick.*

### Posters

*Poster boards (A0 size, portrait format) will be set up in a separate adjacent room. Velcro fixings, self-adhesive tape or blu-tack will be provided. Posters should be in place before the first poster session on Monday evening until the last poster session on Wednesday evening on the week of the conference. **Please note printing facilities are not available on site.***

### Programme

*The current version of the programme is available online at <https://mimeresearch.com/biointerfaces2017>*

## Reaching the Venue

*The conference will be held at Hotel Eden Roc, in Sant Feliu de Guixols. Sant Feliu is a small picturesque town situated on the northern Mediterranean coast of Spain, 120 km from Barcelona*



and 30 km from Girona. The hotel overlooks the sea and is located 1.5 km from the centre of Sant Feliu de Guixols.

Contact:

Hotel Eden Roc

C/Port Salvi 57

17220 Sant Feliu de Guixols, Costa Brava  
Spain

Tel: +34 972 320 100

Fax: +34 972 821 705

E-mail: eden[at]caproig.com

<http://www.hotel-edenroc.com/en/>

### Group Transportation

Group transportation by bus will be arranged on arrival and departure day between Barcelona airport and the hotel. The journey takes approximately 2 hours, depending on traffic. Please see the conference website for departure times.

#### Airport departure point

The buses will wait in the special bus parking area located just outside of Terminal 1, level 0. Each bus has been requested to be at the meeting point 20 minutes before scheduled departure. The buses will have a "FEBS 2017 Conference" sign in the window.

Note: To go between terminal 1 and terminal 2, you must take the airport shuttle bus, which takes about 10 minutes.

#### By Air

Barcelona airport is the nearest major airport to Sant Feliu de Guixols. A taxi from Barcelona airport to Sant Feliu de Guixols costs about EUR 140. The journey takes approximately 2 hours.

Girona Airport is smaller, but closer to the venue. A taxi from Girona airport to Sant Feliu costs approximately EUR 45. The journey takes about 30 minutes.

#### By Rail

RENFE/Spanish National Railways operates frequent train service between Barcelona Airport (Aeropuerto Stn) to Barcelona Sants railway station. Journey time is approximately 20 minutes. Departures from the airport are about every 30 minutes throughout the day until 22.30. Fare is about EUR 2.

The nearest railway station to Sant Feliu is Girona. There are trains from Barcelona Sants railway station every 60-90 minutes. The trip takes 2 hours and costs around EUR 5.

#### By Bus

From Barcelona Airport, take the train to Arc de Triomf/Estacio Nord. From Barcelona Estacio Nord (Ali-bei street 80), the SARFA bus company travels to Sant Feliu de Guixols, to the Carrer Llibertat - Carretera de Girona junction. The buses are scheduled about every hour and cost EUR 12 one way. The trip takes about 2 hours. It is about a 20 minute walk from the bus station in Sant Feliu to the hotel. You can also take a taxi from the bus station to the hotel for about EUR 5.

Alternatively, the "Aerobus A1" operates a frequent service between the airport and Plaza de Catalunya. Buses leave every 12-13 minutes from 06.00 to 24.00 from Monday to Friday, and from 06.30 to 24.00 on Saturdays, Sundays and bank holidays. A one way ticket costs EUR 3.45. The SARFA bus station is a couple minutes' walk from Plaza de Catalunya. Further information available from Barcelona airport web pages.

The TEISA Company buses leaves Girona for Sant Feliu approximately every hour, just outside Girona station. Arrival in Sant Feliu de Guixols is at the Monastery Square where you can take a taxi or walk (20 minutes) to the hotel. A taxi from Girona station to the hotel costs around EUR 35.

Ryanair flights have a linking bus to Girona centre (the journey takes about 20 minutes) which starts at around 05.00 in the morning. From Girona centre you will have to take a bus to Lloret de Mar (Sagalès bus company) and then a bus to Sant Feliu (SARFA bus company).



## During the Conference

### Accommodation

All participants will be accommodated at Hotel Eden Roc. All rooms have private bathrooms, TV and direct-dial telephones. Non-smoking rooms are available. Spanish, French, English and German are spoken at the conference site.

Please note that single rooms can only be guaranteed to invited speakers and attendees registered as senior researchers. All other participants will have to share a twin room.

### Meals

Breakfast will be served buffet style from 07.30 to 09.30 hours. Times for lunch and dinner are as shown in the conference final programme. Mineral water and wine are served at lunch and dinner (coffee is served after lunch at the Dali bar), open to the resident as well as non-resident conferees. Additional beverages are at the participants' own expense. Coffee breaks will be on the terrace-bar next to the meeting-room, overlooking the swimming-pool.

### Telephone

All rooms are equipped with direct-dial telephones. To make an international call, dial "00" followed by the code of the country you are calling. All phone calls should be paid for at the hotel reception before departure. Photocopies may be made, and faxes sent and paid for via the hotel reception.

### Internet

Wireless internet access is available at hotel reception, in the bar area as well as in the conference room. A computer is available in the conference room for brief consultations.

### Means of Payment

The hotel accepts the following credit cards: American Express, Diners Club, Mastercard and Visa. It is also possible to cash travellers' cheques and exchange currency at the hotel.

### Leisure Activities and Tourism

The hotel has outdoor and indoor swimming pools, sauna, Jacuzzi, small fitness centre, billiards and it is also possible to hire bicycles. Other possibilities are windsurfing, snorkelling, scuba-diving and skin-diving.

Some places of interest in the surrounding area are:

- the Cap Roig botanical garden, overlooking the sea
- the Faro San Sebastian with its panoramic view of the whole Costa Brava and the medieval village of Pals
- Girona, the capital of the province, which was founded 3000 years ago by the Iberians, with its Cathedral, Arabian baths and old quarter
- the medieval town of Besalu
- the panoramic route to Tossa de Mar and the fortified town Vila Vella
- the Dali museum at Figueres, designed by the artist himself before his death, and located in the ancient municipal theatre which was restored in 1966.

### Extra Expenses

Any expenses not covered by the conference fee (additional nights, beverages, telephone calls, etc.) must be paid directly to the conference venue during your stay.

### Accompanying guests

Board & lodging for accompanying guests (in double room with conferee) must be booked and paid directly to the venue.

Accompanying guests are not entitled to take part in the conference activities (i.e., attend the talks or the poster sessions, coffee breaks, etc.). Conference facilities, such as access to the internet, are destined for the sole use of conferees.